



Kefir

Low Fat Cultured Milk

- ◆ 12g Protein per serving
- ◆ Lactose Free
- ◆ Low Fat
- ◆ No Artificial Sweeteners
- ◆ Gluten Free
- ◆ 12 Live & Active Cultures
- ◆ Case Pack 6/24 oz.



Believed to have been consumed for thousands of years, Kefir continues to be a healthy addition to any diet. **The Greek Gods®** Kefir Low Fat Cultured Milk is exceptionally creamy, smooth and rich in taste. Enjoy on its own, drizzle it on fruit or cereal, or add it to smoothies and dressings. **Experience the Myth™!**



www.greekgodsyogurt.com



Kefir

Low Fat Cultured Milk



Nutrition Facts	
Serving Size 1 cup (240mL)	
Servings Per Container 3	
Amount Per Serving	
Calories 140	Calories from Fat 25
% Daily Value*	
Total Fat 2.5g	4%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 170mg	7%
Potassium 570mg	16%
Total Carbohydrate 17g	6%
Dietary Fiber 0g	0%
Sugars 17g	
Protein 12g	24%
Vitamin A 10%	Vitamin C 4%
Calcium 40%	Iron 0%
Vitamin D 25%	Riboflavin 30%
Vitamin B12 20%	Phosphorus 30%

INGREDIENTS: CULTURED* PASTEURIZED GRADE A LOW FAT MILK, LACTASE (ENZYME), VITAMIN A PALMITATE, VITAMIN D. **CONTAINS: MILK.**

Nutrition Facts	
Serving Size 1 cup (240mL)	
Servings Per Container 3	
Amount Per Serving	
Calories 230	Calories from Fat 25
% Daily Value*	
Total Fat 3g	5%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 180mg	8%
Potassium 570mg	16%
Total Carbohydrate 38g	13%
Dietary Fiber 0g	0%
Sugars 38g	
Protein 12g	24%
Vitamin A 15%	Vitamin C 0%
Calcium 40%	Iron 0%
Vitamin D 30%	Riboflavin 30%
Vitamin B12 20%	Phosphorus 30%

INGREDIENTS: CULTURED PASTEURIZED GRADE A LOW FAT MILK, CANE SUGAR, BROWN CANE SUGAR, HONEY, LACTASE (ENZYME), VITAMIN A PALMITATE, VITAMIN D3. **CONTAINS: MILK.**

Nutrition Facts	
Serving Size 1 cup (240mL)	
Servings Per Container 3	
Amount Per Serving	
Calories 220	Calories from Fat 20
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 170mg	7%
Potassium 570mg	16%
Total Carbohydrate 38g	13%
Dietary Fiber 0g	0%
Sugars 38g	
Protein 12g	24%
Vitamin A 10%	Vitamin C 0%
Calcium 40%	Iron 0%
Vitamin D 25%	Riboflavin 30%
Vitamin B12 20%	Phosphorus 30%

INGREDIENTS: CULTURED PASTEURIZED GRADE A LOW FAT MILK, CANE SUGAR, BROWN CANE SUGAR, VANILLA EXTRACT, HONEY, LACTASE (ENZYME), VITAMIN A PALMITATE, VITAMIN D3. **CONTAINS: MILK.**

Nutrition Facts	
Serving Size 1 cup (240mL)	
Servings Per Container 3	
Amount Per Serving	
Calories 230	Calories from Fat 25
% Daily Value*	
Total Fat 2.5g	4%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 180mg	8%
Potassium 570mg	16%
Total Carbohydrate 39g	13%
Dietary Fiber 0g	0%
Sugars 38g	
Protein 12g	24%
Vitamin A 10%	Vitamin C 0%
Calcium 40%	Iron 0%
Vitamin D 30%	Riboflavin 30%
Vitamin B12 20%	Phosphorus 30%

INGREDIENTS: CULTURED PASTEURIZED GRADE A LOW FAT MILK, CANE SUGAR, BROWN CANE SUGAR, HONEY, NATURAL FLAVOR, LACTASE (ENZYME), CARROT EXTRACT COLOR, VITAMIN A PALMITATE, VITAMIN D3. **CONTAINS: MILK.**

Product Specifications

Description	Plain	Honey	Honey Vanilla	Honey Strawberry
SKU #	90010	90011	90012	90013
Item UPC	0 78355 90010 8	0 78355 90011 5	0 78355 90012 2	0 78355 90013 9
Case GTIN	10 0 78355 90010 5	10 0 78355 90011 2	10 0 78355 90012 9	10 0 78355 90013 6
Unit of Measure	case	case	case	case
Item Size/ Net Wt	24 oz	24 oz	24 oz	24 oz
Item Gross Wt	1.833	1.833	1.833	1.833
Case Pack	6	6	6	6
Item Dimensions (L x W x H")	3.342 x 3.342 x 7.62	3.342 x 3.342 x 7.62	3.342 x 3.342 x 7.62	3.342 x 3.342 x 7.62
Case Dimensions (L x W x H")	10.526 x 7.184 x 7.875	10.526 x 7.184 x 7.875	10.526 x 7.184 x 7.875	10.526 x 7.184 x 7.875
Case Gross Ship Wt	11	11	11	11
Case Net Ship Wt	10	10	10	10
Case Cube	0.34	0.34	0.34	0.34
Pallet Dimensions (L x W x H")	40 x 48 x 47.25	40 x 48 x 47.25	40 x 48 x 47.25	40 x 48 x 47.25
Pallet Cube	54.4	54.4	54.4	54.4
Pallet Gross Ship Wt	1427	1427	1427	1427
Tie x High	25 x 6	25 x 6	25 x 6	25 x 6
Cases/Pallet	150	150	150	150
Guaranteed Shelf Life	30 days	30 days	30 days	30 days
Kosher	Yes	Yes	Yes	Yes
Country of Origin	USA	USA	USA	USA
Date Code Format	Open	Open	Open	Open
FOB	DELIVERED - Minimum Order required	DELIVERED - Minimum Order required	DELIVERED - Minimum Order required	DELIVERED - Minimum Order required